

**Essay  
Inaugural Issue**

**The Physical (Outer) Universe & the Inner Universe**

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**ABSTRACT**

So, what is the physical universe? Well, it is all that stuff out there which is not me. What is the inner universe (and which is also big)? Well, it is all the bits which I am constructed of and the dynamics and inner dimensions of these bits. But the two are joined up in space and time, but not in Eternity. Without Time then Eternity would be pointless. Eternity can exist without time, but time cannot exist without eternity. To isolate these dimensions is to alienate Man from what he is and the physical universe from what it is. Nowhere in the physical universe will you find its causation. Nor will you find me or consciousness. We are visitors here. But you cannot see us. A part of me is in this world and my body is my space-time ship, but I AM not from the earth nor time and space. ONLY that which is constructed before time and space can go back beyond time and space from whence it came in its own ground of being, where I AM. Religions are not ready for mystics. Is physics ready for them? Some are.

**Key Words:** physical universe, inner universe, space, time, prespacetime

**1. Introduction**

Well, I am not actually a physicist, and I don't have the tools to do that job, nor an atom smasher in the shed. So all I can do on that is listen to what they tell me of their finds, the same as they listen to me regarding my findings about consciousness and then put the two together. So, I could write something about how the mystic sees the physical universe from that perspective, and while not negating what the physicists and chemists, and all the others find and then tell me about it. It is all connected anyway. So I could have a go at that here. I have to mention that the word 'mystic' is an awful word isn't it? And it is taken to mean so many silly things by so many different kinds of people. So it was their words not mine.

But how do I see the physical universe, and the world et al, and even quantum energy, as somebody who has studied consciousness due to having spontaneous 'extra earth orbit conscious experiences', shall we say? And none of which were ever sought or even wanted, it just happens. But nothing 'just happens', there are always causes. But, to put it first in just a few words, I see it all joined up, one thing in different

modes and dimensions of existence, and all within one vast vortex of morphing energy emanating from a point of no duration or extension. This of course, on face value, makes it seem like isolated and even alienated states, or all different things. But it isn't on deeper inspection. It is found to be all connected up.

One very interesting observation among many is that when mentioning these things in private, or writing about them in books, one is contacted in private by all kinds of people telling me that they know something about this as well, whether they be physicists, chemists, brain surgeons, milkmen, farmers, nurses, housewives, whatever. So, the great silence of the mystical bit is due to the lack of communication of it. It is not a done thing in the existing cultural paradigm where science and belief systems rule the roost of credibility. However, that is not my problem. But I have done my share of that communication for forty years, as mentioned elsewhere. And also as mentioned elsewhere my doing so was initially requested by one of the world's top theoretical physicists and mathematics people ever; and a mighty fine man. Abdus Salam. Search him out and you will be very impressed, as was I. So, when one does write and talk about these things it opens up a

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whole plethora of interest and communication by virtue of other people's own encounters with some of it themselves. And they are delighted to find somebody actually talking about it. It was not a vocation I would have ever have thought about, let alone chose to do. But I don't mind at all. It happens. It is real. It has real effects for change, just as does physics and chemistry. For me it is just another aspect of science; in the form of depth psychology and the study of self and conscious existence. So, that is my stance on it - always has been and always will be.

Which do I find more amazing, the transcendent state of primordial consciousness, (sometimes known as the timeless paradise or the ground of being), or the world and the universe of space and time? I find the world and the universe to be more amazing, for I don't see how it can happen. It seems impossible. But it is there. They are both amazing and wondrous; the existence of anything is, and so too is the power and ability to observe anything. But when asked where I would rather be (which they always ask) then my answer is that I would rather be here in the world of space and time. For in the other place there is nothing I can do, and I am, in some ways, a prisoner. Like being a prisoner of love. But here in space and time I am free, and I can think and I can do things, of my choosing. Thus, the exodus and liberation from Eternity into Time. FREEDOM!

The Mind and Consciousness of Man is ever tied to the cross of Time and Eternity. It is found and experienced to be that way. I don't believe it, and it is not a theory. It is there to find and know and live. I operate in more than one place, and the human mind is a meeting ground of inner and outer dimensions. But I can only be actually IN one place at any one moment. Albeit that the other parts of me still exist in those other places at the same time. It is where consciousness is hanging out that one is AT. Wherever I go consciousness is with me, and wherever my consciousness goes then I am there with it. We are inseparable. And when consciousness is shut down for awhile then so am I. However, when it comes to 'amazing' then the most amazing thing by far, ever, is that something can observe something. Yet this is all taken for granted. That is very foolish and unwise. We are the 'miracle' of life and

cognition. There is nothing supernatural about me, I am as natural as a rose or star. In fact I come first – but that is another story.

## 2. The Physical Universe

What is it? I am not sure exactly. I am not sure what anything IS, exactly. Thus, everything is ultimately mysterious to me, and I like it that way. If it was not mysterious then it would all be boring. I have certainly never been bored. It is all an amazing adventure of discovery. But the physical universe is somewhere to be, and I can do things in it. I can see it, smell it, hear it, taste it, touch it, eat it, drink it, chase children around in it, and learn a lot of things in it. It is a wonderful place to be for a lifetime. The scenery and variety is staggering to the point of sheer amazement and utter mind-blowing wonder, all that being inspirational and a kind of private communication with me. Not done in words obviously. It is a love affair between the Observer and the Observed.

I have also found some interesting correlations between consciousness and matter, which are mentioned in the books. Perhaps, one of the most interesting to physicists is the annihilation of matter and symmetry breaking. Exactly the same thing happens to temporal consciousness, exactly the same. They tell me that they find that when a particle of matter meets a particle of antimatter then they annihilate each other and that packet of energy leaves the physical universe and symmetry is broken. EXACTLY the same thing happens with consciousness. This I know. I do not need to be told.

When a part of me consciously meets another part of me (we are made of three parts) then I am annihilated, and I do not consciously exist here anymore (obviously my body does; but I was away for three hours GMT). Then a packet of energy came back into this universe again and the symmetry of part and anti-part is established again. The exact same thing happened to me. But I was different when I came back than I was when I went. I was aware of more, much more. But far more than just that, effects began to happen, and they are still happening now, all these years later. It never ends.

I do explain all of this in the books. The section covering that inward journey is called the Exegesis and it takes up four chapters of the book. Writing it has also at times resulted in death threats. Some people are very sad are they not? Maybe they have vested interests in such things not being known and disseminated. Maybe it kicks some kind of physiological crutch away from them, and in some cases even power over people's minds.

So, what is the physical universe? Well, it is all that stuff out there which is not me. What is the inner universe (and which is also big)? Well, it is all the bits which I am constructed of and the dynamics and inner dimensions of which. But the two are joined up in space and time, but not in Eternity. Without Time then Eternity would be pointless. Eternity can exist without time, but time cannot exist without eternity. To isolate these dimensions is to alienate Man from what he is and the physical universe from what it is. Nowhere in the physical universe will you find its causation. Nor will you find me or consciousness. We are visitors here. But you cannot see us. A part of me is in this world any my body is my space-time ship, but I AM not from the earth nor time and space. ONLY that which is constructed before time and space can go back beyond time and space from whence it came in its own ground of being, where I AM. Religions are not ready for mystics. Is physics ready for them? Some are..

### 3. Beyond the Hard Stuff

A hundred years ago we had gone well beyond understanding the earth to be flat and at the centre of everything, and even though it seems to be that way when looking at it. The Observer is always central that which it sees. That is how self consciousness works. However, the paradigm had not gone beyond 'the hard stuff'. And even though we knew (or they knew, for I was not here yet) that it was only 'hard stuff', relative to our body, because our body is made of the physical universe, so it cannot pass through it. And I certainly cannot pass my hand through granite, nor would I want to. But even then we knew of quantum energy, radio waves, electricity, etc, and knowing that nothing was really solid at all, and even that 'empty space' was not empty. But new ways of understanding

things are not ushered in with great applause cheering and flag waving. They say that human beings do not like change, leastwise rapid change. And why should they, for it is a big wrench of understanding (they should try mystical experience; both transcendent and imminent; that will mess with their conventions).

However, how would the mystic see quantum mechanics? I can only speak for myself. But I see it that quantum energy is to physics (the hard stuff) what the sub-conscious mind (or the soul) is to the daily rational discursive mind – it is the next layer down and inward. So what then, to the mystic, is the layer below that (the totally transcended timeless domain of being). By this I do not mean the layer which they call quarks, but rather deeper than that. That is to say that the raw primordial energy which all things emanate out from in a morphing process and are ultimately constructed of. Thus, in religionist terms, it is our life force or essential spirit. It is all there to find. There is nothing which is made of 'nothing'. There is no such thing as nothing. The universe does not come from nothing. I do not come from nothing. And anyway, who has ever found nothing. It is ridiculous.

So, the mystic sees all movement and change (evolution) as an unfolding process of an implicate principle and driving force. Not to be confused with a principal, like a man in charge with a long white beard, whilst also seeing that timeless domain of being as REPOSE, so, movement and repose, just as music is. What would music be with no gaps, no rest period? It would not be music. Music is in part dependent on the bits that are 'not there' so to speak. Most mystics have a great affinity with and for the love of music. And music is one the most common catalysts or triggers for this radical shift in consciousness (read the many thousands of documented reports, they have been around for a long time). No drugs or practices or rituals are used. It just happens. But it does not 'just' happen does it. It IS due to a high degree of sensitivity which is in harmony with those vibrations and frequency waves. It seems to be the case that the mystic is simply using (has within them) an active wider spectrum of inner and outer sensory relationship to the whole, and

its parts, sensitivity. That does not mean sentimentality it means a fine tuned receiver. Just like a radio set detects and modulates radio waves.

Although it is not hard-core physics, my own 'Double Vortex Theory of Emanation' (based upon direct empiric conscious experience - PROOF) is to the mystic a map of the physics of the metaphysical; and map through the subconscious machine shop of physical existence right down to the bowels of the ground of being of cognitive life. But, I only ever wrote out about a quarter of eight, for there was just no point in writing that at all. Let them write it in a few hundred years time; or more. This existing parading is not ready for it, so why waste ones time and energy. Physicists and cosmologists are scientists of the outer Universe but a mystic is a scientist of the inner Universe. They can argue with that one until their doomsdays, or until their time here is up. Thus the war cry of the mystic is Gnothi Saeuton – Know your Self. For life and consciousness is ab aeterno ad hoc. One cannot know what that stuff out there is until such time that one knows what is observing it. Without an Observer nothing would ever be observed. Should be obvious to a five year old should it not. And it was.

For anybody who has absolutely no experience of these things at all, and the workings of the mind and effects, then the best starting place, and albeit not deep and only basic, is the lifetime work of a Lady who lived in North Carolina USA. Her name was Rhea A. White and her organization was called The Exceptional Human Experience Network. She was an academic psychologist, and she covered this basic ground for initiation into these things better than anybody has ever done before, or has yet since. Unfortunately she died a few years ago.

As for a non-mystic academic appraisal of these things in the form of a map of these dimensions then the best I have encountered thus far is the SSM model by Leon Neihouse of Bath, Maine, USA. As for philosophers, I am not optimistic. They were for their time and place in the unfolding process from BEING through Becoming. I hope this may have been of some value and interest to non-mystics. The day of the mystics on earth, and in time and space, or

Homo Ensophicus, is yet to come, awaiting in the wings of TO BE on earth, as it is in – well, you find it. Eternity, where time does not encroach upon, the realm of me, I AM. And you are I AM. Find it. The best tool for finding anything is CONSCIOUSNESS. And it is all you ever have, anywhere, any time or no time.

But as for me, then whilst here the world looks solid, feels solid and I am glad of it, because I can sit under a tree in the sunshine and walk among the hills and vales; and hold a life form in my hands. If this is not all brought back to earth then it is all wasted. It all resolves itself back here on earth. This is kind of magic and I love it. So, dear Horatio, there is more to be found and lived than that which is revealed by the telescope or microscope or imagined by the daily ramblings and waffling of the rational discursive mind (which some call the ego; but not me). That is how the mystics find it, experiences it, and lives it. It is good TO BE. Grab the day, for it will never come back again, and the moving finger having writ moves on.

#### 4. Protophysics

Finally, what is the first step of studying anything? To not believe anything but to go forth and find what can be found, and also the study of what is finding it. That is also the last step. It is also all the steps along the way from utter ignorance to whatever degree of awareness can be achieved and the understanding of what is found. That is the beginning, the middle and the end.

Way back in antiquity science was no more than sharpening stones to use as axe heads; and exceptional inner human experience became known is religion or mysticism. But that was way back in antiquity and pre history wasn't it? Or was it? Has it changed? Go figure.

In fact the study of the inner and the study of the outer are both science – observing and learning. So, they are not separated and they never have been separated. But in modern times, or at least for the last five or six thousand years, Man has separated these things simply in their decrepit schools of thinking, and politics too, let us not forget politics and big business. So, the study of the inner human experience has become the cult of idiots like me, and the study of only the other has become the cult of

everybody who is not stupid. Human beings did this, not life. There is only one ultimate study, and that is the study of EVERYTHING. No matter where it is.

Independent of Man there is no such phenomenon as science. Science is not a thing. It is something which we do. Independent of Man there is no such thing as religion, it is not a thing it is something which we do in studying the inner. It should be called psychology and the study of Proto-physics and Metaphysics. So, if there is no such extant phenomenon as science and such extant phenomenon as religion how then is one going to unite them? They don't exist, other than what human beings do. So it is human beings that have to get united, not two things which are objective to them. So they are NOT two windows on studying things, there is just ONE window – US, you and me.

A man who spends his life studying butterflies does not spend his life arguing with a

man who studies crocodiles. So why should a man who studies the planets and the stars argue with a man who studies human beings and what it is to be one? If they do not change this idiotic brainless divisive way of human activity then what can humanity ever amount to here? A man who claims that studying the planets and the stars is worthless is not worthy of being called a Man. A man who claims that studying consciousness and its content is worthless is in fact denying that there is anything there studying the stars. And he too is not worthy of being called a Man. But he who is in favor of studying EVERYTHING is worthy of being called a Man. We are born to KNOW. But we don't know yet as to how much we can KNOW. So shall we get on with it and find out? Is anybody else on the Quest with me, or am I alone? Will anybody else pick up this baton and run with it? I cannot hold it for much longer, too old and worn out.

## References

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See <http://www.psychognosis.net> and  
<http://vixra.org/abs/0912.0058>